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Haemochromatosis and blood donation

Dear colleague

The law of May 9, 2018 provides that patients with hereditary haemochromatosis and asymptomatic haemochromatosis carriers can give blood, plasma or platelets as long as they are in the 'maintenance therapy' stage of treatment and meet every one of the conditions for the donation of whole blood and blood components.

The donation must take place in collaboration with the patient's treating doctor by means of a medical report on iron overload. In other words, prior to making their first donation (and afterwards annually), patients must submit a **certificate** signed by their doctor, stating that:

- they are in the '**maintenance therapy**' stage of treatment;
- they need a **phlebotomy no more than once every two months**;
- there are **no signs of irreversible organ damage** caused by iron overload.

This certificate must be accompanied by a recent (less than one month old) set of **laboratory test results** mentioning both the patient's serum ferritin level and the reference values used by the clinical laboratory that conducted the test. For the patient to be accepted as a donor, their ferritin levels must fall within the laboratory's reference range.

To enable us to approve your patient as a donor, could you, as the patient's doctor, please fill in the certificate below and give it to the prospective donor?

Thank you for your collaboration.

Kind regards

Doctor in charge of donor selection

Doctor's certificate

I the undersigned hereby certify that Mr/Ms

.....

Date of birth

(1)
is currently in the 'maintenance therapy' stage of treatment for hereditary haemochromatosis;

(2)
shows no signs of irreversible organ damage caused by iron overload;

(3)
needs a phlebotomy no more than once every two months;

(4)
His/her serum ferritin level is within the range of the reference values (please enclose a recent recent (less than one month old) set of laboratory test results).

Dr.

Date

Stamp and signature

Validity period: 1 year from the date of signature